

# SENECA GRADE SCHOOL LUNCH MENU

## January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>No School</b>	<b>2</b> <b>No School</b>	<b>3</b> <b>No School</b>	<b>4</b> <b>No School</b>	<b>5</b> <b>No School</b>
<b>8</b> ★ <b>Hot Dog/Bun</b> <b>Sweet Potato Bites</b> <b>Pineapple</b> <b>Frozen Fruit Slush</b> <b>Milk</b>	<b>9</b> ★ <b>Popcorn Chicken</b> <b>Warm Pretzel/Cheese</b> <b>Green Beans</b> <b>Cranberry Sauce</b> <b>Milk</b>	<b>10</b> ★ <b>SC-Salad Bar or</b> <b>Grilled Cheese Sandwich</b> <b>Broccoli/Celery Sticks</b> <b>Ranch Dip</b> <b>Berry Applesauce</b> <b>Milk</b>	<b>11</b> <b>SC-Salad Bar or</b> <b>Lasagna</b> <b>Romaine Salad</b> <b>Corn</b> <b>Sliced Pears</b> <b>Milk</b>	<b>12</b> <b>Beefy Nachos</b> <b>Lettuce/Cheese</b> <b>Refried Beans</b> <b>Peaches</b> <b>Milk</b>
<b>15</b> <b>No School</b>	<b>16</b> ★ <b>French Toast/Syrup</b> <b>Sausage</b> <b>Hash Brown</b> <b>Juice</b> <b>Warm Apple Slices</b> <b>Milk</b>	<b>17</b> ★ <b>SC-Salad Bar or</b> <b>Quesadilla</b> <b>Tex-Mex Beans</b> <b>Cucumber Slices/Dip</b> <b>Mandarin Oranges</b> <b>Milk</b>	<b>18</b> <b>Taco Salad BAR – SC</b> <b>Taco Salad - NC</b> <b>Edible Bowl/Taco Meat</b> <b>Black Beans</b> <b>Lettuce/Tomato/Cheese</b> <b>Mixed Fruit</b> <b>Milk</b>	<b>19</b> ★ <b>Pizza Breadstick</b> <b>Fresh Broccoli/Dip</b> <b>Diced Peaches</b> <b>Cookie</b> <b>Milk</b>
<b>22</b> ★ <b>Pizza</b> <b>Romaine Salad</b> <b>Baked Beans</b> <b>Craisins</b> <b>Milk</b>	<b>23</b> ★ <b>Corn Dog</b> <b>Baby Carrots/Dip</b> <b>Diced Pears</b> <b>Pudding</b> <b>Milk</b>	<b>NC</b> PB&J (Smuckers Uncrustable) Broccoli & Cheese Peach Cup Popsicle Milk	<b>SC 24</b> <b>Baked Potato BAR</b> Baked Potato Chili/Crackers Broccoli & Cheese Peach Cup Milk	<b>25</b> ★ <b>SC-Salad Bar or</b> <b>BBQ (Sloppy Joe)/Bun</b> <b>Curly Fries</b> <b>Pickle Spear</b> <b>Mixed Fruit</b> <b>Milk</b>
<b>29</b> ★ <b>Hot Dog/Bun</b> <b>Tex- Mex Beans</b> <b>Cooked Carrots</b> <b>Orange Juice</b> <b>Raider Square</b> <b>Milk</b>	<b>30</b> ★ <b>Italian Dunkers</b> <b>Dunker Sauce</b> <b>Romaine Salad</b> <b>Sliced Peaches</b> <b>Milk</b>	<b>31</b> ★ <b>SC-Salad Bar or</b> <b>Salisbury Steak/Roll</b> <b>Mashed Potatoes/Gravy</b> <b>Corn</b> <b>Mixed Fruit</b> <b>Milk</b>		

North Campus Only: Lunch - K-4th Grade = \$2.40 Extra Milk = 30¢ Juice or Water = 50¢	South Campus Only Lunch - 5-8th grade = \$2.40 ★ Extra Entree = 65¢ Extra PBJ = 70¢ Snacks = 60¢ Milk 30¢ Water 50¢ Juice 60¢
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**“Small Steps to Better Health” Tip of the Month:**

**Do sit ups while watching TV.**